

SMART Goals & Action Plans

Directions:

Use the Goal PowerPoint as a guide.

Generate two short-term, mid-term, and long term goals.

Goals must focus on academics, sports, or other extracurricular activities.

For each goal, state what you will do and when you will do it.

One of your long-term goals must be college attendance.

Log into your google docs and build a document that includes the following information:

Name

Date

Period

Define “Goal” in your own words

Short-Term Goals

- 1.
- 2.

Mid-term Goals

- 1.
- 2.

Long-Term Goals

- 1.
- 2.

Answer the following questions to develop a “SMART Goal” and an “Action Plan” for reaching your college destination.

1. What college do you want to attend? When? Why is it important to you?
2. What do you need to do to get there? (List 5 Steps)
3. Identify three sources of help/support that can assist you in getting there.
4. List three things you can check along the way to see if you are making progress toward you college goal.
5. How do you know this goal is in reach?
6. What will be your reward when you accomplish this goal?