**Names and Terms to Know From Unit 7:**

**Abnormal Psychology and Treatment**

**Names**

* **Carl Rogers (1902-1987)**
* **Aaron Beck (1921- )**
* **Albert Ellis (1913-2007)**
* **Martin Seligman (1942- )**

**Terms**

**(Abnormal)**

* Psychological Disorder
* Diagnostic and Statistical Manual of Mental Disorders (DSM)
* Anxiety Disorders
* Specific Phobia
* Agoraphobia
* Social Phobia
* Generalized Anxiety Disorder
* Panic Disorder
* Obsessive-Compulsive Disorder (OCD)
* Post-traumatic Stress Disorder (PTSD)
* Somatoform Disorders
* Hypochondriasis
* Conversion Disorder
* Dissociative Disorders
* Psychogenic Amnesia
* Fugue
* Dissociative Identity Disorder (DID)
* Mood or Affective Disorders
* Major Depression (also known as Unipolar Disorder)
* Seasonal Affective Disorder
* Bipolar Disorder
* Learned Helplessness
* Schizophrenic Disorders
* Delusions of Persecution
* Delusions of Grandeur
* Disorganized Schizophrenia
* Paranoid Schizophrenia
* Catatonic Schizophrenia
* Waxy Flexibility
* Undifferentiated Schizophrenia
* Dopamine Hypothesis
* Tardive Dyskinesia
* Diathesis-Stress Model
* Personality Disorders
* Antisocial Personality Disorder
* Dependent Personality Disorder
* Paranoid Personality Disorder
* Narcissistic Personality Disorder
* Histrionic Personality Disorder
* Obsessive-Compulsive Personality Disorder
* Rosenhan Study

**(Treatment)**

* Psychotherapy
* Psychanalysis
* Free Association
* Dream Analysis
* Manifest Content
* Latent Content
* Resistance
* Transference
* Somatic Treatments
* Psychodynamic Theorists
* Humanistic Therapies
* Client-Centered Therapy (or Person-Centered Therapy)
* Unconditional Positive Regard
* Active Listening (also called Reflective Listening)
* Gestalt Therapy
* Existential Therapies
* Counterconditioning
* Systematic Desensitization
* Anxiety Hierarchy
* Flooding
* Aversive Conditioning
* Token Economy
* Cognitive Therapies
* Attributional Style
* Cognitive Therapy for Depression
* Cognitive Behavioral Therapy (CBT)
* Rational Emotive Behavior Therapy (REBT or RET)
* Group Therapy
* Somatic Therapies
* Psychopharmacology
* Antipsychotic Drugs
* Antidepressant Drugs
* Antianxiety Drugs
* Electroconvulsive Therapy (ECT)
* Psychsurgery
* Psychiatrists
* Clinical Psychologists
* Counseling Psychologists
* Psychoanalysts