

LESSON 1

1. What are cardiovascular diseases? _____

2. Identify four risk factors that can increase a person's chance of developing a CVD. _____

3. Why is hypertension known as the "silent killer"? _____

4. What is atherosclerosis? _____

5. Name four procedures used to detect or treat heart disease by measuring the heart's electrical activity. _____

6. Give three ways in which cardiovascular disease can be prevented. _____

LESSON 2

7. Explain the relationship between tumors and cancers. _____

8. What is the term for a cancer-causing substance in the environment? _____

9. What is the single greatest cause of lung cancer in the United States today? _____

10. Define each of the following procedures related to the detection or treatment of cancer.
 - a) Biopsy: _____
 - b) Chemotherapy: _____

LESSON 3

11. Define *diabetes*. _____

12. Briefly explain each of the following types of diabetes.
 - a) Type 1 diabetes: _____

 - b) Type 2 diabetes: _____

13. Define each of the following kinds of arthritis.
 - a) Rheumatoid arthritis: _____

 - b) Osteoarthritis: _____

LESSON 4

14. What is a disability? _____

15. What is the purpose of the Americans with Disabilities Act? _____
