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|  | Crash Course Episode 10 Altered States |
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| Hypnosis |  |
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| How did Mesmer cure his patients? |  |
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| What is consciousness?  What does your consciousness operate? |  |
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| What causes altered states of consciousness? |  |
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| What has hypnosis been used to cure? |  |
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| What warning are we given in the video about hypnosis? |  |
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| What percentage of us are highly hypnotizable? |  |
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| What is the social influence theory hypnosis? |  |
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| What is the dissociation theory of hypnosis? |  |
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| What is our adaptive dissociative capacity? |  |
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| What are other environmental causes to altered states? |  |
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| What is tolerance? |  |
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| What is neuroadaptation? |  |
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| What are psychoactive drugs? |  |
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| How do psychoactive drugs effect the brain?  How do expectations play into the effects of drugs? |  |
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| What are the three general categories of drugs? |  |
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| What are three examples of depressants? |  |
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| Why is alcohol a disinhibitor? |  |
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| How does it effect your memory? |  |
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| What do tranquilizers or barbiturates do to the nervous system? |  |
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| List three opiates?  What effect do opiated have on the nervous system?  What does your brain stop producing when you over use opiates? |  |
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| What effects do stimulates have on your nervous system?  List three legal stimulants.  List three illegal stimulants. |  |
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| What effect does taking cocaine have on a person?  What three neurotransmitters does it block the reuptake of? |  |
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| List some hallucinogens? |  |
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| What other ways besides illegal drugs cause you to hallucinate? |  |
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