|  |  |
| --- | --- |
| Define emotion |  |
|  |  |
| What do emotions involve |  |
|  |  |
| What are the three elements of emotions |  |
|  |  |
| What is the James Lang theory of emotion? What comes first physical response or emotional response? |  |
|  |  |
| What is the Cannon Bard theory of emotion? |  |
|  |  |
| What is the Schachter two factor theory of emotion? |  |
|  |  |
| Define arousal |  |
|  |  |
| What is the spillover effect? |  |
|  |  |
| To Schachter Singer and their disciples what spurs emotion and what directs emotion? |  |
|  |  |
| What part of your brain drives emotion? |  |
|  |  |
| What is the low road of emotion? |  |
|  |  |
| What is the difference between the high road and low road of emotion? |  |
|  |  |
| What is the function of sympathetic nervous system? |  |
|  |  |
| What is the function of the parasympathetic nervous system? |  |
|  |  |
| Using brain scans where are positive emotions detected? |  |
|  |  |
| Using brain scans where are negative emotions detected? |  |
|  |  |
| Where is fear detected in the brain? |  |
|  |  |
|  |  |