

## Seven Approaches to Psychology Booklet

There are seven approaches commonly used to research psychological phenomena and apply the findings. These approaches are: Behavioral, Biological, Cognitive, Evolutionary, Humanistic, Psychoanalytical, and Sociocultural. While each approach may share certain psychologists, each is unique in the way it approaches a topic.

Your job here is to create a booklet, highlighting each of the seven approaches. After following folding and stapling instructions, the contents of the book will be as follows:

Cover: Write the title, **The Seven Approaches to Psychology**. Below the title, provide your name and period.

Page 2: <b>Behavioral</b>	_____	For pages 2-8, write the title of the approach at the top of the page. Then provide a summary of that approach, the names of at least two psychologists associated with the approach, and a brief description of how to apply that approach to the psychological question of why someone would take their own life.
Page 3: <b>Biological</b>	_____	
Page 4: <b>Cognitive</b>	_____	
Page 5: <b>Evolutionary</b>	_____	
Page 6: <b>Humanistic</b>	_____	
Page 7: <b>Psychoanalytical</b>	_____	
Page 8: <b>Sociocultural</b>	_____	

While there do not need to be any illustrations for this booklet, I would request that you choose a different color scheme to identify each of the seven approaches. For example, Behavior = blue, Biological = red, and so forth.

You will have two full class sessions to complete your booklet. It will then become an essential resource as we continue through this unit and beyond.

Have fun!!!!