

Did You Get It? *Presentación de vocabulario*

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¡AVANZA!

Goal: Learn how to talk about staying healthy and about parts of the body.

Staying Healthy

- Good health (**la buena salud**) is important for everyone. There are many things you can do to stay healthy (**sano**) and to avoid being hurt (**herido**) or sick (**enfermo**).

If you live near the sea (**el mar**) you can scuba dive (**bucear**) and water ski (**hacer esquí acuático**). You can also jog or walk (**caminar**) on the beach (**la playa**). To stay strong (**fuerte**), you can lift weights (**levantar pesas**). If your body begins to hurt (**doler**), it's time to take a break and to sunbathe (**tomar el sol**). Don't forget the sun screen (**el bloqueador de sol**)!

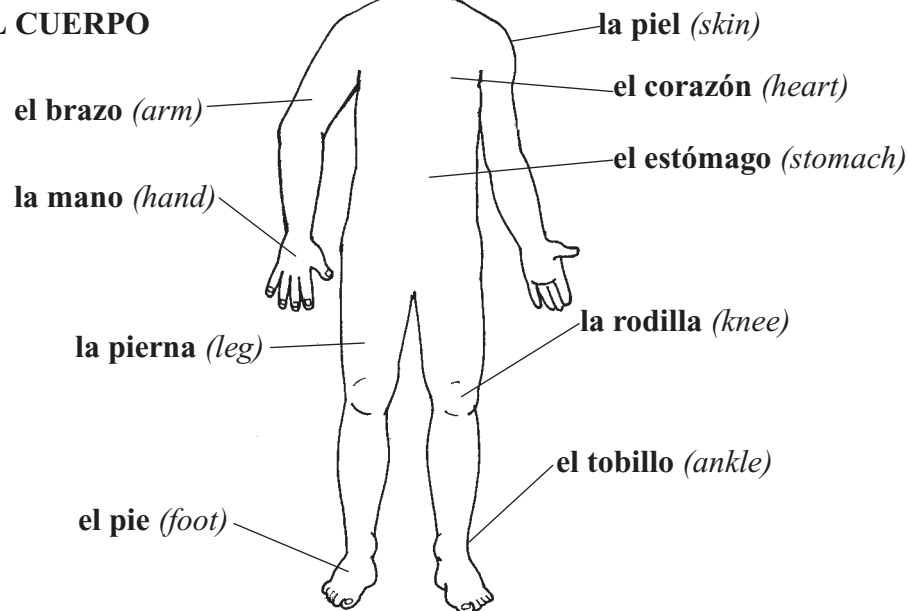
Parts Of The Body

- Read the names for the different parts of the body.

(THE HEAD) LA CABEZA



(THE BODY) EL CUERPO



Did You Get It? *Práctica de vocabulario*

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¡AVANZA!

Goal: Learn how to talk about staying healthy and about parts of the body.

1 Which body part do you use to . . .

- | | |
|--------------------------------|---------------------------|
| 1. kick a soccer ball? _____ | 6. write an e-mail? _____ |
| 2. talk to your friends? _____ | 7. think? _____ |
| 3. digest your lunch? _____ | 8. kneel? _____ |
| 4. watch television? _____ | 9. smell? _____ |
| 5. hug your friend? _____ | |

2 Choose the sentence that describes what each person is doing.



a.



b.



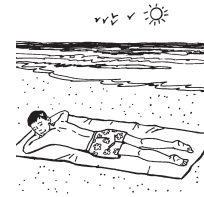
c.



d.



e.



f.

- _____ Hace esquí acuático.
- _____ Camina en la playa.
- _____ Toma el sol.
- _____ Bucea en el mar.
- _____ Levanta pesas.
- _____ Se pone el bloqueador de sol.

3 Decide whether the activities these people do are generally good (G) or bad (B) for their health.

- | | | |
|---|---|---|
| 1. Juan camina mucho en la playa. | G | B |
| 2. Mi madre descansa después de trabajar mucho. | G | B |
| 3. Las chicas levantan pesas veinte minutos cada día. | G | B |
| 4. Isabel come mucho helado. | G | B |
| 5. A José Antonio le gusta hacer esquí acuático. | G | B |
| 6. Yo corro en el parque con mi perro. | G | B |
| 7. Nunca usamos el bloqueador de sol. | G | B |
| 8. Álex prefiere dormir tres horas cada noche. | G | B |



Nombre _____ Clase _____ Fecha _____

3 Choose appropriate vocabulary words to complete this conversation between two friends.

Melinda: Tú sabes que la buena _____ es importante para nosotras y para todos. Nadie quiere estar enfermo o _____ .

Juana: ¿Qué podemos hacer para estar _____ ?

Melinda: Podemos hacer muchas actividades. Como vivimos cerca del _____ , podemos _____ , bucear o hacer esquí _____ .

Juana: Tienes razón. Y también podemos caminar en la _____ .

Melinda: Y si queremos ser _____ , podemos...

Juana: ...¡levantar _____ !

4 Translate the following sentences into Spanish.

1. We walk to be healthy.

2. We put on sunscreen when we sunbathe.

3. Anita waterskis in the sea.

4. My stomach hurts.

5. Jorge and David are strong because they lift weights.

5 Imagine that you live near the sea. Write three activities that you can do every day to stay strong and healthy.



¿Recuerdas?

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Using Gustar with Nouns

- You already know that to say what you or someone likes you use **gustar** + a noun. To review, read the following sentences, paying attention to the boldfaced words.
 Me **gusta** la playa. (*I like the beach.*)
 Me **gustan** las bicicletas. (*I like bicycles.*)

EXPLANATION: Remember that the verb **gustar** agrees in number with *what* is liked and not with *who* is doing the liking.

Práctica

1 Complete each sentence with the correct form of **gustar**. Then translate the sentences into English.

- ¿A Alicia le _____ el fútbol? _____
- Me _____ todos los deportes. _____
- ¿Te _____ el mar? _____
- A Susana y a mí nos _____ la música. _____
- A Pedro le _____ la playa. _____
- A las chicas les _____ los patines. _____
- Me _____ estos bloqueadores de sol. _____
- ¿A ustedes les _____ el sol? _____
- A Linda le _____ la bicicleta roja. _____
- No les _____ las raquetas nuevas. _____

2 Translate the following sentences into Spanish.

- We like all beaches. _____
- My sister and I like baseball. _____
- He likes these sunblocks. _____
- Do you (**ustedes**) like sports? _____
- My cousin likes water sports. _____
- I like the sea. _____
- We like volleyball. _____
- Does Alicia like the new bats? _____
- They don't like the sun. _____
- My friends like basketball. _____

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¿Recuerdas?

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Stem Changing Verbs: o → ue

- Study the conjugation of **volver** (*to come back*).

volver (to return)	
vuelvo	volvemos
vuelves	volvéis
vuelve	vuelven

EXPLANATION: **Volver** is an **o → ue** stem-changing verb. The stem changes from **o** to **ue** in all forms except **nosotros(as)** and **vosotros(as)**. Other verbs that follow the same pattern are **doler** (*to hurt*), **poder** (*to be able*), **almorzar** (*to eat lunch*), **encontrar** (*to find*), and **dormir** (*to sleep*).

Práctica

- 1 Complete the sentences with the correct form of the verb in parentheses.

1. Tú _____ nadar. (poder)
2. ¿Te _____ las piernas? (doler)
3. Carla y Eduardo _____ en el restaurante. (almorzar)
4. Juan _____ a casa a las seis para comer. (volver)
5. Mi hermana y yo _____ en el autobús. (dormir)
6. Me _____ la cabeza. (doler)
7. ¿_____ ustedes el teatro? (encontrar)
8. Ustedes _____ a casa mañana. (volver)

- 2 Write sentences using the following words. Follow the model.

Modelo: tú / dormir / en casa de tu amigo Tú duermes en casa de tu amigo.

1. a mí / doler / la cabeza _____
2. tú / encontrar / los libros _____
3. nosotros / volver / para almorzar _____
4. él / poder / bailar bien _____
5. yo / almorzar / a las once y media _____
6. a Elena / doler / el estómago _____
7. los chicos / poder / cocinar esta noche _____
8. usted / almorzar / a la una y media _____