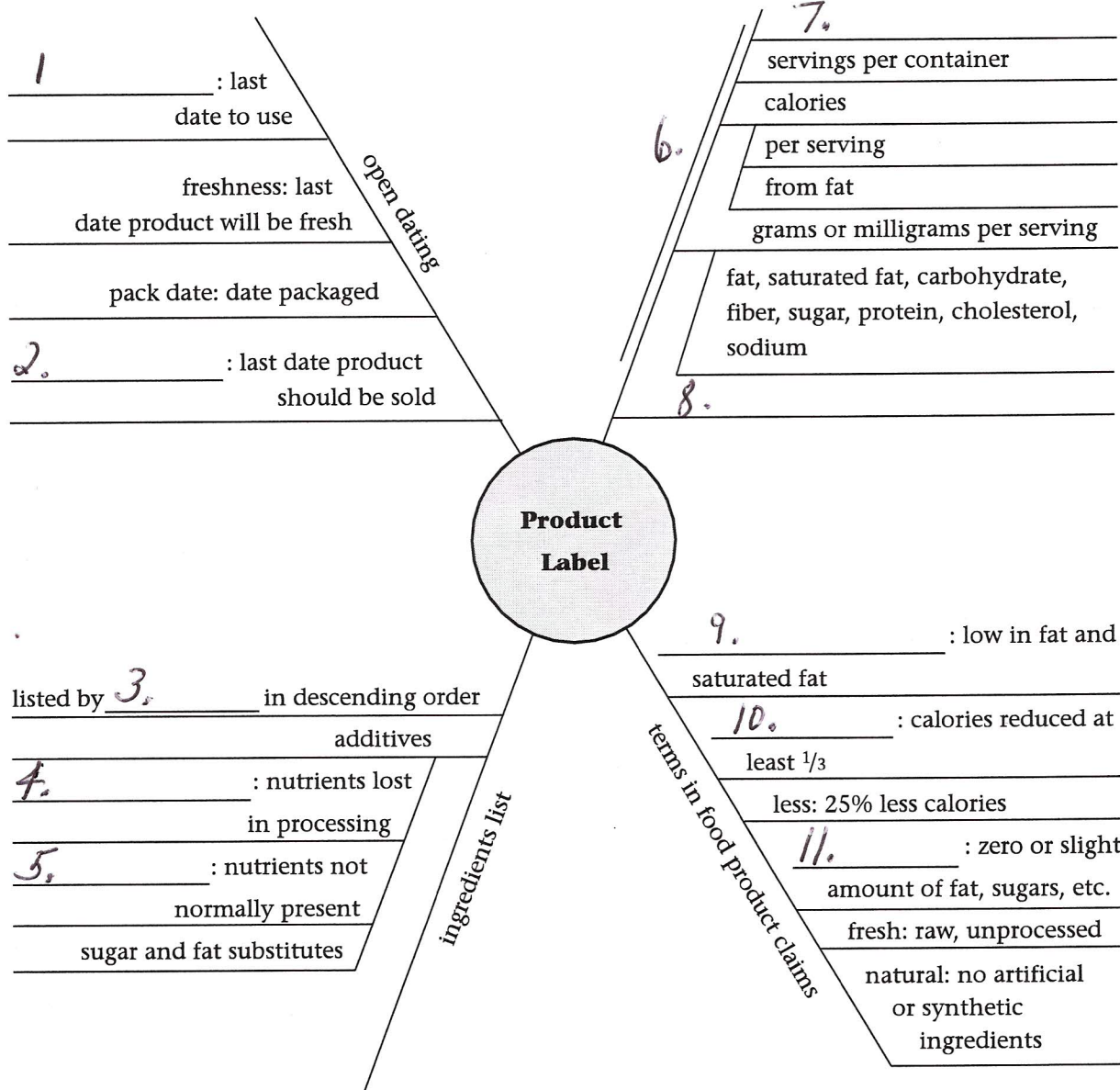


ACTIVITY 16 Concept Map

FOR USE WITH CHAPTER 5, LESSON 5

Being a Smart Food Consumer

Directions ➤ Complete the concept map on product labeling using the following terms: *fortified, healthy, serving size, expiration, nutrition facts panel, enriched, -free, sell date, percentage Daily Value, light, and weight.*



What features of the product label will give information about fat content?

12. _____