

ACTIVITY 90 Reteaching

FOR USE WITH CHAPTER 31, LESSON 1

I. Directions

For each risk factor below, identify the group(s) most likely to develop a CVD. Write B if the factor is beyond a person's control or C if it is a controllable risk factor. The first one has been done for you.

Risk Factor**Group(s)**

1. Heredity

One or both parents having a CVD, B; parents with hypertension, B

2. Ethnicity _____

3. Gender _____

4. Age _____

5. Environment _____

6. Behavior _____

II. Directions

In the space at the left of each description, write the name of the matching CVD from the box below.

hypertension
angina pectoris

arteriosclerosis
heart attack

atherosclerosis
congestive heart failure

stroke

- _____ 1. Pain and tightness in the chest caused by lack of oxygen to the heart
- _____ 2. High blood pressure
- _____ 3. Insufficient oxygen and nutrients to the heart muscle cells, resulting in tissue death and decreased heart function
- _____ 4. Accumulation of fatty deposits in blood vessels, narrowing and eventually blocking them
- _____ 5. A slow, gradual weakening of the heart muscle from overwork
- _____ 6. An interruption of the flow of blood to any part of the brain
- _____ 7. Hardening of the arteries from plaque buildup along the inner lining of the arteries