

Opening Activity # 35

1. Define noninfectious disease. List 3 examples of a noninfectious disease.
2. List 3 lifestyle choices that will have a positive effect on your health.
3. List 3 lifestyle choices that will have a negative effect on your health.
4. Why is it important to begin to develop positive lifestyle habits right now?

Opening Activity #36

1. What do you know about cancer?
2. What can people do to reduce their risk of developing cancer? Pg 685
3. List three possible warning signs of cancer that should be checked out by a doctor. Pg 686
4. Why is early detection of cancer important? How is it detected? Pg. 687